

HEALTH I SYLLABUS

WHO IS MY INSTRUCTOR?



Mrs. Elisha Johnson

Phone: (801) 412-2850

Email: elisha.johnson@jordandistrict.org

Degrees:

Bachelor's in health education

Endorsement in educational technology

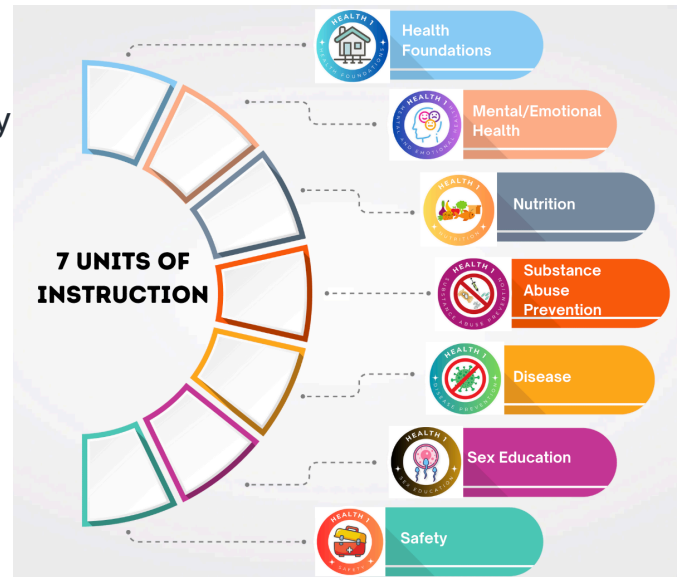
Certified yoga instructor

Hobbies:

Camping and traveling, board /card games, chickens

WHAT IS THIS CLASS ABOUT?

This course is designed to provide opportunities for students to acquire knowledge, skills and attitudes necessary for life-long, health-enhancing behaviors. During this course we will study topics related to mental and emotional health, nutrition, drugs and alcohol prevention, acute, chronic, and infectious diseases, human development and first aid; all of which are included in the [Utah health core](#).



WHAT DO I NEED?

Class Supplies

- A WRITING UTENSIL Pencil/Pen
- A folder to keep your packets clean and organized
- Your charged Chromebook

EXPECTATIONS

Before class

- Charge Chromebook
- Complete any missed work or homework

When I get to class

- Get out packet/ Chromebook
- Have a writing utensil
- Turn cell phone off

During class

- Listen carefully
- Participate in activities
- Respect others in words and actions

After class

- Check Canvas for notifications and to make up work
- Email for help

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HOW WILL I KNOW WHATS HAPPENING?

Every Monday I will send students and parent/guardians an email regarding what will be happening in my class for the next two weeks. Please read these to know what is expected and to be prepared for class.

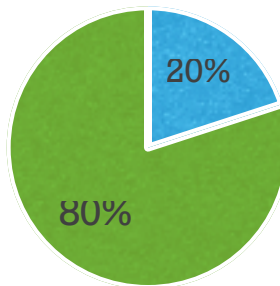
**parents/guardians please make sure to have an updated email in Skyward

WHAT SHOULD I EXPECT FOR HOMEWORK?

Almost all work will be completed IN CLASS. I only have 2-3 assignments that will need to be completed at home. You will be notified in advance regarding these assignments.

HOW WILL I BE ASSESSED?

Students' final grades will be calculated using weighted percentages, with each of the following categories contributing as displayed.



● Class Work ● Exams

Exam grades will be on a 1-4 scale

- 4= Exceeds expectations
- 3= Meets expectations
- 2= Almost there
- 1= Needs more practice

Sex Education

Because of the sensitive nature of some materials taught in the Health core curriculum, Utah State Law allows parents to opt out of certain aspects of the sex education unit of instruction. Students who have opted out will not be tested on this information. They will be given an alternate assignment unrelated to the sex education curriculum and an alternate classroom to sit in. They will not have a teacher to lead them but an online lesson for 12-14 days.

A state mandated form must be filled out to participate. It will be sent home with this syllabus and it is available on your students Canvas.

Please feel free to contact me, or the administration, regarding any questions or concerns.

Photos

Occasionally I will take photos of the class. Sometimes they are for Donors Choose projects or social media. If you DO NOT want your student in these photos please email me.

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 SIGNATURES

I reviewed the syllabus, understand its contents, **have an updated email and phone number on Skyward** and agree to my responsibilities.

STUDENT (PRINT name and period)

GUARDIAN