

Physical Education Disclosure Addendum

Fitness 7, Fitness 8, PST 9

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These expectations may change in order to meet district and state mandates

COVID-19 Adjustments for PE Classes:

1. Students will be required to wear masks during particular PE activities in order to follow COVID-19 safety precautions.
2. Students WILL NOT be dressing out for PE until further notice.
3. Students will participate in the attire they wear to school.
4. It is recommended that students wear suitable, flexible, and breathable clothing and shoes.
5. Students must remove jewelry before PE activities and bring a water bottle to class.
6. Activities will be limited to adhere to Covid-19 safety protocols.
7. Make-up, Grading, and Excusal from activities are at the discretion of the student's PE teacher.

Non-Covid 19 PE Class Expectations

DRESS

- All students are expected to dress in PE attire every day.
- Failure to fully dress will result in a "0" for their daily self-management grade. No partial credit is given.
- PE clothes must be different than clothes worn to school & washed at home regularly.
- School dress code applies in PE.
- Required PE clothing:
 - Shirt - solid, plain white or light gray t-shirts only. No cut-off sleeves or tank tops.
 - Shorts/pants - appropriate length, elastic waist, athletic, any color. No jeans or sweatpants.
 - Shoes - socks & athletic shoes with tied laces, strong supportive material, and good arch-support.
- Jewelry - no dangling jewelry can be worn during PE
- Dress time is given to students during the first 5 minutes of class and the last 5 minutes of class. Tardies will be given if students are not in the locker room or gym when the bell rings, or if they are not in the gym beginning the warm-up when class begins (after the 5 minute dress time).

LOCKER ROOM

- Bring a personal combination lock from home, no key locks.
- Locker rooms will be closed and locked during class.
- Please use the bathroom before class or wait until class is over.
- You are responsible for your assigned locker and fines will be assessed for damages.
- Do not bring backpacks, bags, or other valuables to class or the locker room.
- No glass or food is allowed in the locker rooms.
- Keep your locker securely locked and do not share your combination with anyone besides the PE teacher.
- The PE department is not responsible for lost or stolen items.
- Inappropriate behavior, bullying, or vandalism will not be tolerated in the locker rooms or elsewhere.

GRADING & MAKE-UP WORK

- Students are expected to follow all rules and fully participate to receive credit for their daily assignment. Partial participation, partial obedience, or lack of consistency can result in a zero.
- Unexcused absences cannot be made-up. Missed "dress" points cannot be made-up.
- Missed points when a student is in attendance cannot be made-up.
- Only absences excused in the front office can be made-up, with a valid doctor or parent note. Check with your PE teacher for the details on making up excused absences.
- Long-term illnesses and injuries can be made-up only with a doctor's note. These are handled on a case-by-case basis, check with your PE teacher for the details.
- Make-up work **MUST** be completed a week (5 school days) before the end of the quarter.